

Reflections on the Practice Teaching Reform of Ideological and Political Theory Course in Colleges and Universities

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ABSTRACT. The ideological and political theory course in colleges and universities provides systematic Marxist theory education for college students and is the main channel for students to get ideological and political education. The ideological and political theory course plays a vital role in the growth and success of college students, but at present some college students do not attach importance to the ideological and political theory course, do not recognize it or even reject it. Therefore, in order to promote and strengthen the practical teaching of ideological and political theory courses, an innovative thinking mode must be adopted in the education and teaching so as to correctly understand and grasp the scientific connotation of practical teaching. The ideological and political theory course in universities undertakes the extremely important task of providing Marxist theoretical education for college students and helping them to establish Marxist world outlook, outlook on life and values, socialist moral outlook, and legal outlook. In order to innovate the teaching concept of ideological and political theory course in colleges and universities, we must unswervingly build a team of teachers with high ideological awareness, strong professional ability and comprehensive quality.

KEYWORDS: Ideological politics, Theoretical courses, Practice teaching

1. Introduction

The practical teaching of ideological and political theory courses has different forms, mainly including basic education, case teaching, reading practice, social practice, campus culture, research practice and other types. The ideological and political theory course in colleges and universities provides systematic Marxist theory education for college students, which is the main channel for students to get ideological and political education [1], introducing college students to Marxist theory, and guiding and helping college students to establish correct ideals and beliefs [2]. Different types of practical teaching play different educational functions, reflecting the diversity and hierarchy of teaching forms. The degree of domestic reform and opening-up is deepening, and China's social and economic composition, economic organization form, employment mode, interest relationship, and distribution mode of various economies are also constantly changing [3]. Only when teachers devote more humanistic care to teaching, can they continuously enhance the attraction, appeal and persuasion of ideological and political theory courses [4]. Through these diversified forms of practical teaching, we can give full play to the complementarity of various teaching methods, thus achieving an all-round and three-dimensional educational and teaching effect.

Ideological and political work in colleges and universities is related to the fundamental problem of what kind of people colleges and universities cultivate, how to cultivate people and for whom to cultivate people [5]. Since the founding of the People's Republic of China, ideological and political education has been guided by Marxism, which has always placed the promotion of people's all-round and free development at the core. We must strengthen ideological and political theory teaching in colleges and universities, adhere to the principle of people-oriented, pay attention to psychological counseling, reflect humanistic care, and correctly handle the relationship between subject and object of teaching [6]. Ideological and political theory course not only imparts theoretical knowledge, but also provides emotional and ideological communication opportunities for teachers and students. In this process, college students constantly overcome themselves, surpass themselves and transform their subjective world [7]. The basic task of ideological and political theory teaching is to introduce college students to Marxism-Leninism, Mao Zedong Thought and the theoretical system of socialism with Chinese characteristics, to improve the ideological behavior of college students and to enhance their spiritual realm [8]. The ideological and political theory course of colleges and universities undertakes the extremely important tasks of educating college students on Marxist theory and helping college students establish Marxist world outlook, life outlook and values, and socialist moral and legal outlook.

2. Teaching Characteristics of Ideological and Political Theory Course

The traditional teaching of ideological and political theory lays too much emphasis on the instrumental value of the ideological and political theory course, emphasizing the teaching of teaching materials and the propaganda and preaching of political theory. As the ultimate product of higher education, college students are not only the subject of higher education and teaching activities, but also the object of higher education and teaching activities. In essence, human beings are social beings. No one can exist independently from society. Everyone must form social attributes through socialization so as to obtain self-growth, self-development and realize their own values. Ideological and political teaching in colleges and universities must unswervingly implement the party's educational policy, publicize the party's theory, line, principles and policies, and realize, safeguard and develop the fundamental interests of students. Practice refers to social practice, which in a broad sense refers to all activities in which human beings can actively transform nature and society, mainly referring to productive labor, political change, and scientific experiments. From the perspective of Marxist theory of practice, the connection between nature and society, society and people, history society and reality society are all generated and developed in practice, which are essentially the products of practice.

In the course of preparing lessons, teachers must understand the students' cognitive status of theoretical issues and social hot issues through various methods and means, and grasp their thinking about reality and the future. Strengthening the humanistic care of the students will make the teacher-student relationship no longer unfamiliar and indifferent, and then form an equal, harmonious and friendly teacher-student relationship. The premise of systematically promoting the new development of ideological and political theory courses in colleges and universities is to promote the new development of teaching concepts, requiring us to establish a people-oriented concept, a scientific development concept and a pioneering and innovative concept. Ideological and political theory courses must pay attention to practical teaching. There is not much difference in people's understanding of this, but the specific understanding and practical grasp of practical teaching are inconsistent, and there are even fundamental differences [9]. The key to improving the quality of ideological and political education is to establish an equal, harmonious and friendly relationship between teachers and students. Teachers of ideological and political theory must respect, trust, appreciate and care for students from different majors, and be willing and good at communicating and dialogue with students on an equal basis, listening to their opinions and suggestions. Fully excavating and utilizing these resources, combining them with the education and teaching of ideological and political theory courses, can expand the perspective of education and teaching, enrich teaching content, and make these precious spiritual wealth fully play a role in educating people.

3. Measures to Enhance the Effectiveness of Ideological and Political Theory Teaching

3.1 Renew Teaching Concept

The teaching concept is not only the cornerstone of constructing the educational theory system, but also the key to realizing the educational goal, determining the teaching contents and methods, and further affecting the acceptance degree of the educational objects to the educational contents. From a theoretical point of view, the practical teaching of ideological and political theory course is not a category in the sense of educational teaching approaches and methods, but a category in the sense of educational teaching concepts and contents. Teaching activities are the mutual activities of teachers and students, which are composed of teachers' teaching and students' learning. Teachers are the leading part of teaching activities, and students are the main part of teaching activities. On the basis of recognition and approval, individuals consciously require themselves according to the norms of the recognized objects, and require their own behaviors according to the norms. The effectiveness of ideological and political theory teaching is obvious when college students' desire to improve their theoretical thinking level through ideological and political theory learning and their need to better understand society and understand life are met.

The practical teaching of ideological and political theory courses in colleges and universities is an extremely important systematic project, with complicated operation and higher requirements. To strengthen and implement it correctly, we need to explore in theory and practice in many aspects. In many years of teaching practice, we have deeply realized that there are various forms of social practice in ideological and political theory courses. From the perspective of cultivating students' ability, organizing students to carry out social investigation and social service in winter and summer vacation is an effective form to guide students to combine book knowledge with social reality. In order for college students to understand the society and have socialist ideological and political consciousness and moral standards, ideological and political education should integrate theory with practice, and college students should take the growth path of combining workers and peasants. College Students' participation in social practice is not only the need of Ideological and political theory teaching, but also the requirement of the development of the times. Combining ideological and political theory teaching with social practice, guiding students to take the road of combining with practice and production and labor, can stimulate them to understand the initiative of society. Social practice is a kind of deepening and applied practical teaching link. It takes social life as the theme and students' conscious and active participation as the main way. It is a beneficial extension and necessary supplement of theoretical classroom teaching. It has such outstanding characteristics as conscious initiative, extensive sociality, open content and professional form.

3.2 Enrich Educational Content

The practical viewpoint is the primary and basic viewpoint of Marxism. The teaching of ideological and political theory should pay attention to the cultivation of college students' practical consciousness and ability, so that college students dare to challenge and practice. The aim and goal of the ideological and political theory course in colleges and universities is to strengthen the education of Marxist theory, help college students to establish correct world outlook, outlook on life, values, socialist morality and legal system, and learn to use Marxist standpoint, viewpoint and method to look at the history and experience of Chinese revolution and construction, especially the reform and opening up. On the basis of preliminary cognition, students consciously produce emotional identification with ideological and political theory courses through further study, experience and judgment of ideological and political theory courses [10]. It is necessary to effectively implement the principle of education and teaching that combines theory with practice, so that the teaching content is close to society, close to life, and close to the ideological reality of college students. To implement and strengthen practical teaching, we must conscientiously implement the educational and teaching principles of combining theory with practice. Today, undergraduates have low recognition of traditional values and are susceptible to social responsibility and moral consciousness. Teachers' noble professional ethics and unique personality charm play an important role in guiding the teaching process.

Practical teaching is a high standard teaching requirement. Only by improving the quality of teachers can it be adapted to it. This is the key to promoting and strengthening the practical teaching of ideological and political theory education. Teachers should consciously, purposefully and systematically cultivate students' scientific attitudes and problem consciousness who dare to question authority, scientific vision and problem-solving spirit, and scientific spirit of innovation. Even if it is necessary to lead students out of the school, extend and supplement the content of classroom practical teaching, teachers should go one step ahead and obtain the necessary experience and ability, which is also a necessary teaching link for teachers to adapt to the requirements of practical teaching [11]. Ideological and political theory teaching should make students understand that the value of life includes two aspects, one is the responsibility and contribution of individuals to society, the other is the respect and satisfaction of society to individuals. Practical teaching requires more teachers, and teachers are the key to implement the concept and spirit of practical teaching. Therefore, we should attach great importance to improving the quality of practical teaching of teachers. Teachers of Ideological and political theory course should fully understand the necessity of strengthening the humanistic care for students in teaching, improve their humanistic care literacy and enhance their consciousness and initiative of humanistic care for students through learning and practice.

4. Conclusion

Ideological and political theory courses play a vital role in the growth and development of college students. However, at present, college students do not attach importance to ideological and political theory courses, and do not recognize or even reject them. In order to promote and strengthen the practical teaching of ideological and political theory courses, an innovation in the meaning of thinking mode must be made in the educational and teaching concepts so as to correctly understand and grasp the scientific connotation of practical teaching. In order to innovate the teaching concept of Ideological and political theory course in Colleges and universities, we must unswervingly build a team of teachers with high ideological awareness, strong professional ability and comprehensive quality. The teaching of Ideological and political theory should take humanistic care as the starting point, serve the all-round development of college students wholeheartedly in the educational concept, and stress the cultivation of humanistic consciousness in the teaching content. Teachers should adapt to the new requirements of the new situation for the ideological and political theory course in Colleges and universities, further strengthen and improve the education and teaching of the ideological and political theory course, and constantly enhance the actual effect, so that the ideological and political theory course really becomes the theoretical basis for college students to establish ideals and firm beliefs.

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